Louise Goldberg's Creative Relaxation®

YOGA for Children with Autism and Special Needs

LEVEL 1

12-Hour Training Course

for yoga teachers, educators and therapists

Yoga teachers, OT's and OTA's may use these hours for CEU's or toward the 500 hour Yoga Alliance certification.

Saturday, May 6 | 1:15 – 6:15 pm
Sunday, May 7 | 9:00 – 5:00 pm

Yoga Center of Deerfield Beach
827 SE 9th Street
Deerfield Beach, FL 33441

The Training Course Includes:

- Louise's new book: *Yoga Therapy for Children with Autism and Special Needs*
- *Yoga for Children* DVD
- Certification

Course Cost: $250

Instructor: Louise Goldberg MA, ERYT 500

Register by: April 28, 2017

- Learn to teach yoga to children with Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Anxiety
- Effective communication techniques
- Curriculum for varied learning styles
- Developing self-regulation skills
- Yoga for public schools, groups & privates
- HAVING FUN

Register online for both Level 1 & Level 2 and SAVE! Visit CreativeRelaxation.net for details.

The teaching principles of Creative Relaxation®

- Create a sacred space
- Engage the child
- Provide tools for success
- Develop opportunities for independence

Louise Goldberg
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954-579-1604 • 800-960-5072

Creative Relaxation®

A Creative Relaxation® Certification Course

REGISTRATION FORM

or register online at *www.yogaforspecialneeds.com*

NAME _____

ADDRESS _____

_____

_____

PHONE _____

CELL _____

E-MAIL _____

Please include this form with your payment and send to:
Relaxation Now • PO Box 93-6123 • Margate, FL 33093

Louise Goldberg, MA, ERYT500, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (WW Norton, 2013). She leads teacher trainings nationally, and has been a consultant with the Broward Schools for over 25 years. She is on the faculty of the teacher training at the Yoga Center of Deerfield Beach and is co-author of *S.T.O.P. and Relax© 2010, Your Yoga Special Needs Toolbox*.